

The S-DCS Column

A NEWSLETTER FOR THE STAKEHOLDERS OF SUNMAN-DEARBORN COMMUNITY SCHOOLS

RACING TO THE FINISH LINE

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The weather this school year in Indiana has been quite challenging. It constantly changes from day to day or as the old saying goes, “just wait ten minutes and the weather will change!” We are all waiting for the sun to return and the temperature to get back into the 60s. When the rains finish and the flowers begin to bloom, as a true Hoosier, we gear up for the biggest spectacle in racing, the Indianapolis 500. For many of us, this race is the sign that spring is here!

Many of our students are also thinking about completing a race as well, the completion of another of school year. Many of these racecar drivers have led the pack, but others have kept pace in the middle of the pack, and of course, some have struggled to even stay in the race. As in any race, the winners are not always the first to cross the finish line, but getting to the finish line knowing that they have done everything they can to finish the race.

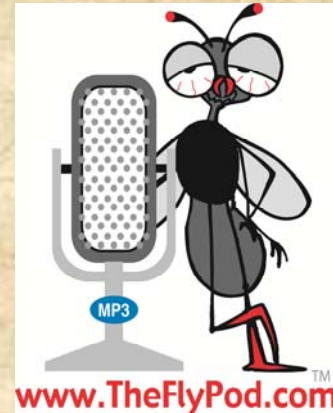
So in these last few months of school, it is important as parents to continue to encourage each of your children to give their best every day. To continue to work hard each day no matter how nice the weather is. Our children need to know that they can race to the finish knowing that they are truly winners!

Have a great Spring!

Dr. Jeff Hendrix
Superintendent

DON'T MISS THE BUZZ

Each month Sunman-Dearborn Schools is featured on The FlyPod, a local entertaining yet informative media source. To listen to this monthly "SuperChat" podcast enter <http://tinyurl.com/SuperChat-SDSC-3> in your address line on a new web page. This month's chat was recorded on Thursday, April 3. The organizations FFA, FCCLA, Student Council and BPA discussed organizational activities and events. Be sure to listen in to hear about exciting topics and how they relate to our Sunman-Dearborn Schools.



SPRING INTO GOOD NUTRITION!

Spring has sprung! The cold weather is finally behind us. The warm weather and longer days can help increase our motivation for getting healthy. Not only can we get out and enjoy the weather and some needed physical activity, but we can also enjoy all the tasty seasonal produce. Try to choose this season's nutrition-packed produce!

- Asparagus- Low in calories, high in fiber and a great source of vitamin C.
- Strawberries- A good source of iron, B vitamins and vitamin C.
- Cherries- One of the few foods that contain melatonin, which promotes sleep.
- Green peas- Contain B vitamins and zinc and are a good source of protein.
- Apricots- Contain beta-carotene, potassium, vitamin C and fiber.
- Melons- A good source of vitamin C and potassium.
- Oranges- A good source of vitamin C, folate, potassium, thiamin, niacin and magnesium.

Tips: Produce at peak quality contains the most nutrients. Select fresh produce that you will eat in 2-4 days to prevent it from browning and losing nutrients. Wash produce before you cut or peel it so dirt and bacteria aren't transferred from the knife onto the fruit or vegetable.

Along with enjoying all these tasty seasonal treats, don't forget to get moving and put the "pep" back in your step!

Mrs. Olivia Stone RD, LD
Director of Food and Nutrition Services

S-DIS WINS RECYCLING AWARD



S-DIS has won the “Most Improved Recycling Award” from the Dearborn County Solid Waste Management District. This is a traveling award in which S-DIS will keep for a year, and hopefully be able to hold on to with even more improvement!

Thanks to Nancy Lillie, 5th grade teacher, for her dedication to this program.



BRIGHT FIRE DEPARTMENT VISIT



Bright Fire Department visited North Dearborn Elementary and Bright Elementary Schools.

Photographed here at NDES is retired Fire Chief Greg Mathena along with Assistant Fire Chief Tom Stevens from the Bright Fire Department. After 25 years of service, Mr. Mathena retired. Present that day for his award was the staff and student body at BES and NDES along with EMT Dennis Winia, Assistant Fire Chief Tom Stevens and Mrs. Mathena.

It was a very sad event one week later. Assistant Fire Chief Tom Stevens passed away unexpectedly from a heart attack. Mr. Stevens had been on the



BES Safety Committee for the last 3 years and has been present for fire safety week at BES and NDES for many years. Our sympathy goes out to the Steven's family as well as to the Bright Fire Department family. Due to Mr. Steven's sudden death, Fire Chief Mathena will come out of retirement to assist with fire department duties.

*Mr. Norb Goessling
Bright Elementary Principal*

*Mr. Jeff Bond
North Dearborn Elementary Principal*



Bright Elementary also welcomed visitors from our local Police Department. Pictured at left is Police Dog Raiko with Deputy McBroom and Deputy Olsen. They spoke with the students at Bright Elementary for Read Across America.

FOREIGN LANGUAGE TRIP TO EUROPE

During their spring break, East Central High School foreign language students traveled overseas to Europe for the trip of a lifetime. The students along with their teacher and parent chaperones took a nine day tour around London, England; Paris, France; and Madrid, Spain with ACIS Educational Tours. This trip was full of first time experiences for all of its travelers. From March 20-March 28 the group traveled to see some of the world's most popular tourist attractions, try new foods, and experience European culture.

The group visited sites such as Big Ben and Buckingham Palace in London, the Eiffel Tower and Notre Dame Cathedral in Paris, and the Prado Museum and the royal palace in Madrid. In each city the group took a panoramic bus tour to get an overview of some of the famous sites located in that city. The travelers were able to see world renowned artifacts such as the Rosetta Stone in the British Museum and the Mona Lisa in the Louvre Museum and learn about the history of all three of the countries visited on the trip. The group had one tour guide from ACIS who stayed with them throughout the whole trip and then in each country another guide would temporarily join who specialized in history and the sites of that country.

There were many unique opportunities presented to try experience new things such as going on the London Eye Ferris wheel and having a picnic lunch in Hyde Park, going to the top of the Eiffel Tower and driving past the Arc de Triomphe, and watching a real Spanish flamenco performance and a Spanish football game. There were many samplings of European foods, some popular such as churros in Madrid, and also some unpopular such as escargot, or snails, in Paris. In each country the travelers took that country's version of the subway, whether it was the tube in London or the metro in Paris and Madrid, and got to experience the more modern side of the cities.

This was also an opportunity for the students to practice speaking the language they are currently learning in high school; either French or Spanish in situations such as ordering in a restaurant. This was a first-hand experience for the travelers to actually see what the lifestyles are in Europe and how they differ from America. Using foreign currency, pounds and euros, was also another cultural adjusting the group had to get used to. Some culture shocks were expected, such as how the British drive on the left side of the road versus the right side in America, some were not such as the traffic and the aggressiveness of the drivers.

This trip provided its travelers with many once in a lifetime opportunities to get out and see the world and broaden their horizons. Each traveler's experience is unique and completely different from the rest of the group's, even though everyone did the same things. The trip was not only a chance for vacation, but also proved to be a real growing experience for many of these young college-bound adults.

Ms. Julia Robben
East Central Student



Europe Trip 2014

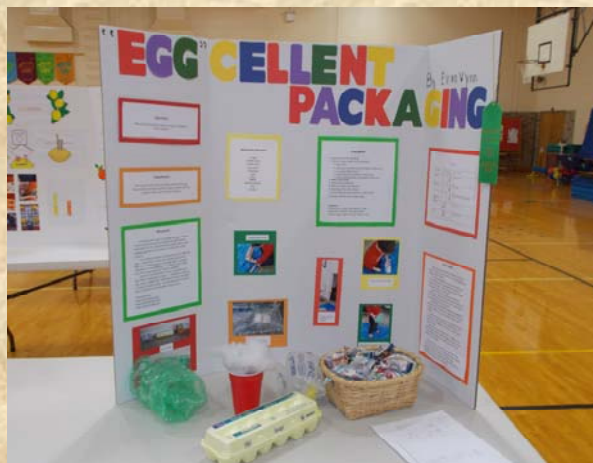
EAST CENTRAL HIGH SCHOOL OFFERS “PLAYSCHOOL”

The East Central High School Advanced Child Development Classes will be offering a “playschool”. The East Central High School Playschool will be operated like a preschool and will have thematic units and activities each week that were designed by the high school students. The program is open to potty trained 4 and 5 year olds. There is no cost for your child to attend, but you must provide transportation. The program will be offered at East Central High School from 9:00 a.m. until 10:45 a.m. on Tuesdays and Thursdays in April.

The program will be limited to 14 children. The children will be taught by high school students in the Advanced Child Development Classes. If you are interested in registering your son or daughter, please email Brenda Osman, Child Development Teacher at East Central High School for a registration form at:

bosman@sunmandearborn.k12.in.us or call 812-576-4811 ext. 11302.

SUNMAN ELEMENTARY SCIENCE FAIR



A NEWSLETTER FOR THE STAKEHOLDERS OF SUNMAN-DEARBORN COMMUNITY SCHOOLS

Sunman-Dearborn Community Schools

1 Trojan Place, Suite B
St. Leon, IN 47012

Phone: 812-623-2291

Fax: 812-623-3341

The mission of S-DCS is to develop, for all students:

- Literacy skills (reading, writing, communicating confidently)
- Mastery of state and national standards
- Character, responsibility, teamwork, the importance of regular attendance, goal-directedness, and service to community
- High graduation rates and post-secondary success

We are on the web at
www.sunmandearborn.k12.in.us



SCHOOL CONTACT INFORMATION

Sunman-Dearborn Administration Offices · 1 Trojan Place, Suite B · St. Leon, IN 47012 ·
Ph: 812-623-2291 · Fax: 812-623-3341

East Central High School · 1 Trojan Place, Suite A · St. Leon, IN 47012 ·
Ph: 812-576-4811 · Fax: 812-576-2047

Sunman-Dearborn Middle School · 8356 Schuman Road · St. Leon, IN 47012 ·
Ph: 812-576-3500 · Fax: 812-576-3506

Sunman-Dearborn Intermediate School · 27650 Sawmill Road · West Harrison, IN 47060 ·
Ph: 812-576-1900 · Fax: 812-576-1901

Bright Elementary School · 22593 Stateline Road · Lawrenceburg, IN 47025 ·
Ph: 812-637-4600 · Fax: 812-637-4606

North Dearborn Elementary School · 5687 North Dearborn Road · Guilford, IN 47022 ·
Ph: 812-656-8383 · Fax: 812-656-8321

Sunman Elementary School · 925 North Meridian Street, Suite 200 · Sunman, IN 47041 ·
Ph: 812-623-2235 · Fax: 812-623-4330