The S-DCS Column

A Newsletter for the Stakeholders of Sunman-Dearborn Community Schools

Just Do It!

The three words, "Just Do It!" are iconic in the sense that they have promoted a company to the forefront in the athletic shoe business, created athletic superstar pitchmen in Michael Jordan and Tiger Woods, but more importantly, they have been the catch phrase for many Americans. We hear these words come out in different ways such as in the case of Larry the Cable Guy who spouts, "Just Git'er Done", but the meaning is the same: Let's take action! Let's accomplish the task! Let's make a difference!

In our schools, there is a call to action for change. We must change the way we educate our children. We must set the bar higher. We must have higher expectations. When we think about this change, we need to ask, "Is change really good for us?"

In the Sunman-Dearborn Schools, we can answer with an affirmative, YES!. We are making changes. We are redesigning our web pages. We have created a new monthly corporation newsletter. We are preparing to launch new promotional videos that will highlight our school corporation and our schools to attract parents, students and businesses to our school community. We have a school board that is focused on setting and meeting board goals. Our schools are developing S.M.A.R.T goals that focus on student achievement. Our teachers are continually looking at ways to impact student learning by developing engaging curriculum, finding better methods to instruct students effectively, and searching for approaches that will accurately assess our students' knowledge. Our corporation is preparing for changes in standards that our Indiana State Department of Education and State Superintendent of Schools, Dr. Tony Bennett, have adopted. Ultimately, we must change for the good of our schools, our teachers and most importantly, our students.

As we look at all the changes taking place in our schools, we realize that we are not the only ones who must get involved in the change process. If we are to have great schools, then we must have the support of our parents, businesses and our community. It is our belief that the success of S-DCS can be directly attributed to the support of our parents, our business and our community. With that being said, it is just as important for our schools today to have people willing and able to volunteer in our schools and our classrooms to help teachers and students be successful.

I would like to personally invite you to volunteer in our schools. If you have time during the day, once a week, or even once a month, please contact one of our schools to volunteer. We would really appreciate your help. From the ancient Chinese proverb, "the journey of 1000 miles begins with the first step." Take the first step, and JUST DO IT! You will be glad that you did.

Dr. Jeff Hendrix



Dr. Jeff Hendríx Superintendent

Volume 1, Issue 3 October 2010



Volume 1, Issue 3 Fage 2

East Central FFA Alumni

Supporters of FFA and Agricultural Education at East Central High School are planning to start an official FFA alumni chapter at EC.

The <u>Mission</u> of the National FFA Alumni Association is to secure the promise of FFA and agricultural education by creating an environment where people and communities can develop their potential for premier leadership, personal growth and career success.

Who can be a part of the Alumni chapter?

Membership is open to <u>anyone</u> interested in supporting FFA, Agricultural Education, or volunteerism.

What will this group do?

This group will assist the East Central FFA Chapter and Agricultural Science Department through many avenues such as,

- Support and promote FFA activities and agricultural education on the local level.
- Assist in raising funds for scholarships, trips, awards, etc
- Provide adult assistance with FFA member programs and contests
- Maintain contact with the community at large in promoting the FFA chapter and agricultural science programs at Sunman Dearborn
- -Many other opportunities to work with and support youth in agricultural education.

When will this group meet?

We are in the planning stages and once we get enough people contacted we will set up a planning meeting.

If you are interested please contact: East Central High School Attn: Roy Johnson 1 Trojan Place Saint Leon, IN 47012 812-623-5949 Feel free to call with any questions.

S-DCSC



Sunman-Dearborn Leadership Council

The Sunman-Dearborn Leadership Council will hold its next meeting on Tuesday, October 19, East Central High School Trojan Conference Room starting at 6:30 PM. The council is seeking community members, parents, students and business leaders to participate in these important meetings. This council was created as a result of the information that the school corporation received from community meetings held last Spring in school district.

The organizer and key contact for this council is Amy Byrd. She can be reached by email at akbyrd76@yahoo.com. Mrs. Byrd is a parent in our school district who has stepped up and offered her help. As the council develops, it will research and discuss key issues that impact the Sunman-Dearborn Community School Corporation. Two of our current school board members, Kim Weber and David Anderson, will be liaisons to the school board on this council.

The FlyPod. Com

Sunman-Dearborn Community Schools has been very fortunate to be able to share information to our community through the internet. Mr. Gary Puckett, host of many internet programs on The FlyPod, is currently doing a series on each of our schools called simply, Your Schools. The first program spotlighted Bright Elementary School. Future programs will include our other schools. On a monthly basis, Mr. Puckett hosts his SuperChat show that features the superintendent and principals of Sunman-Dearborn Community Schools. These unrehearsed shows delve into issues that impact students, parents, the schools and the community. Mr. Puckett encourages questions from the public on school related issues. If you would like to participate in this program, then go to: The FlyPod.com or you can email Mr. Puckett your questions at gary @the flypod.com

East Central Student Council—Trick-N-Trunck



The East Central Student Council will be sponsoring the Trick-n-Trunck event again at North Dearborn Elementary School. The event will take place Friday, October 8. It is from 6:00 PM until 8:00 PM. If it rains, it will be held inside the halls of NDES. The event is sponsored by Kim Scheffel who is a teacher at NDES.

This is the first of many events that the ECHS Student Council will be participating. The Student Council sponsors are Mr. Jim Stock, Mrs. Jamie Ballart and Mrs. Krista Hutzel.



Healthy Students Make Better Learners

Exciting news--- new research indicates that the healthier a student is the more likely they are to attend school regularly, stay focused in class and graduate from high school, thus making them more likely to become productive citizens. The Food Service Department is doing its part to make sure we provide a well balanced and nutritious diet to the students of Sunman-Dearborn Community Schools with hopes of improving their academic success.

A recent news article stated that students' health and their capacity to learn are enhanced through coordination between communities, families and schools. Here are a few tips we are following in our school cafeterias that you can do at home as well:



Mandy Grassí

- Make at least half your grains whole by including whole wheat bread, oatmeal, brown rice and low fat popcorn regularly.
- Vary your veggies by eating a variety of colors daily.
- Focus on fruits by eating them at meals, and at snack time, too!
- Go lean with protein by eating lean or low fat meat, chicken, turkey and fish. Also change it up with more beans, nuts, and seeds.
- Don't sugarcoat it. Choose foods and drinks that do not have sugar and caloric sweeteners as one of the first ingredients.

We will keep working hard to feed students healthier foods so they can be more successful in all areas of their lives!



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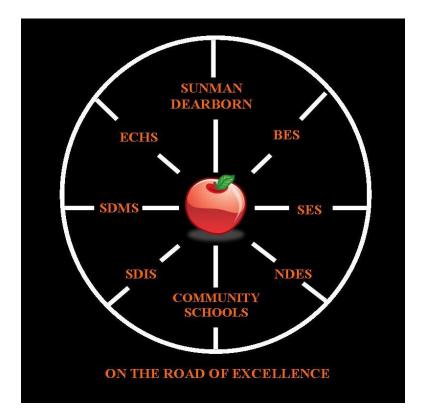
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To Create a Culture of Educational Excellence for Each Student!





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